

U.S. Army School of Aviation Medicine

Aviation Protective Equipment

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Terminal Learning Objective

- ◆ ACTION: Employ aviation protective equipment
- CONDITION: While performing as an aircrew member
- ◆ STANDARD: IAW AR 95-1, AR 670-1 (ALARACT 177/2010 dated Jun '10), USAARL Report #93-15 and applicable Technical Manuals



- ACTION: Identify the safety features provided by aviation protection equipment
- CONDITION: Given a list
- STANDARD: Select appropriate safety equipment and safety features associated with aviation equipment





- Structural shell and landing gear
- Landing gear & crashworthy seats
- Personnel restraint system
- Post crash factors

Structural Shell



Landing Gear



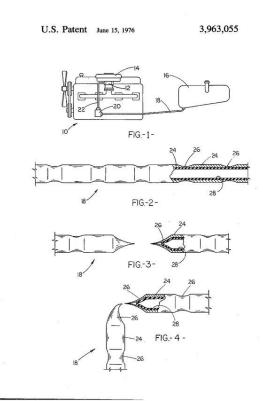
Post Crash Factors



Post Crash Factors

- Self Sealing Fuel Tanks
- Break Away Fuel Lines







- ACTION: Identify the characteristics of and wear of flight clothing
- CONDITION: Given a list
- STANDARD: Select the garments authorized for aviation duties, the characteristics of and the correct wear of those garments





Nomex Characteristics

- Does NOT support combustion
- Chars, does NOT melt or drip
- Good chemical resistance
- More durable than cotton
- Low thermal conduction
- Comfortable to wear



Flight Suit

Inside of flight suit



Outside of flight suit



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Unauthorized Flight Clothing





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Gortex Jacket



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Burns to the Back of Neck

Collar wasNOT worn up



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Unauthorized Name Tag



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Thermal Protection



Authorize Undergarments

- Wear issued type
- 100% cotton
- ♦ 100% wool
- Nomex
- Any combination of three blends

11 Seconds to Egress!!!



Tissue Damaged From Fire



Identification Tags



Worn around the neck while flying

 Tucked between blouse and t-shirt (outside of collar)

NO silencers/covers (550 cord or plastic)

Boot Characteristics

- Retention
- Stability
- Protection for feet and ankles
- Fire retardancy
- Non-all leather boots must have upper construction of NOMEX, cotton and leather
- All boots must have AWR

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- Laced to top
- Avoid zippers, or straps
- NO Jungle boots or Jump boots



Authorized Boots for Wear

- Belleville- 790 and 795
- Belleville- 300 DES ST, 340 DES Hot Weather Boot
- Bates-wolverine boots
- Welco boots
- Army Combat Boot Temperate Weather (ACB-TW)
- Commercially available boot s must have an Air Worthiness Release (AWR) after being tested for adequate protective qualities

Consult <u>www.safety.army.mil</u> for latest updates

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Nomex Flight Gloves

- Insulation Reduces heat transfer
- Comfort
- Sensitivity Improves tactile identification



Egressed Quickly Receiving Minor Injuries



11 Seconds to Egress, Causing Major Injuries



HGU-56/P Helmets

- Custom fit by ALSE
- Dual visor / better retention system
- Ensure chin strap and nape strap are tight
- Earplugs or CEP's



HGU-56/P Helmets

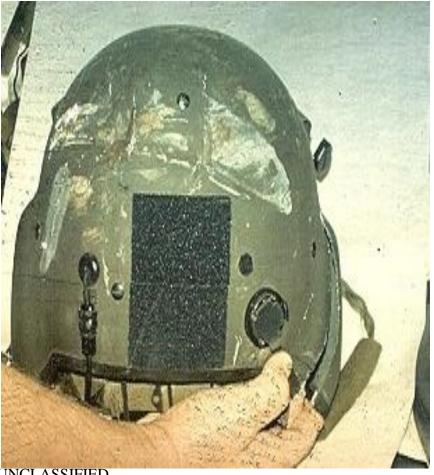
- All maintenance or modification performed by ALSE Technician
- Clean with mild soap and water
- Do NOT store in POV
- Store in helmet bag

Helmet Saved Crew Member's Life

Left rear



Rear



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Bird Strike and Helmet Visors



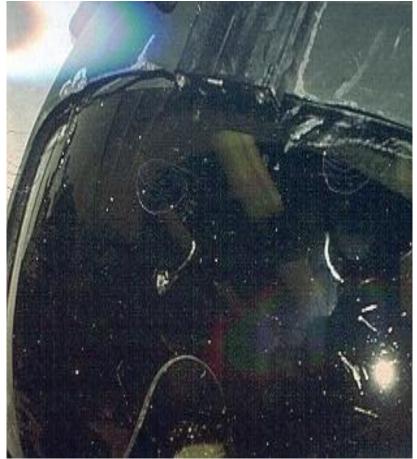
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Helmet Visor Saved Pilot's Vision

Visor stayed intact



Visor chipped and pitted



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- ACTION: Identify the maintenance procedures for flight clothing
- ◆ CONDITION: Given a list
- STANDARD: Select the appropriate maintenance procedures for flight clothing and equipment





Care of the AACU

- Avoid unnecessary wear during ground duties
- Avoid contact with POL products
- Wash on a permanent press cycle
- Do NOT bleach or starch
- Wash and dry at temps less than 130°
- NO liquid fabric softener
- Do NOT dry clean or commercially hot press
- NOMEX may be ironed, but do not iron the Velcro tabs

Care of Nomex Flight Gloves

- Avoid unnecessary contact with POL products (preflight)
- Wash gloves with mild soap, do NOT use bleach
- Wash at temps less than 120°
- Do NOT tumble dry, remove excess water by squeezing or rolling in a towel, Do NOT wring or twist
- Lay flat to air dry, out of the direct sun or heat



- ACTION: Identify components and care of the Air Warrior system
- CONDITION: Given a list
- STANDARD: Select the characteristics and care of Air Warrior equipment and correctly identify the purpose of using this system





- Commonly known as "ALSE vest"
- Approximately 25 pounds with issued equipment
- One size, must be fitted to aviator
- Must be stocked, inspected and have forms/records maintained by qualified ALSE personnel



PSGC (cont)



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Contents (PSGC)













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Air Warrior Pockets (PSGC)



First Aid Items



Signaling platform



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Personal Restraint Tether





Body Armor





- Do NOT soak soft ballistic inserts in water or use bleach or starch
- ◆ The Air Warrior ballistic insert has a water-repellent treatment and a water-resistant casing to assist with preserving the ballistic capability. It is the user's responsibility to use good sense in further reducing the moisture risk by keeping the ballistic inserts dry
- If dropped or suspected to have been dropped, have the plates inspected and/or replaced

Holster



- 3 Configurations (over-the-shoulder, hip & drop-leg)
- Magazine pouches(1 & 2 magazine)





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Aircrew Survival and Egress Knife (ASEK)



Army Combat Shirt (ACS)



- Flame resistant, longsleeved shirt, replaces the Tshirt and blouse
- Worn under body armor
- Authorized for use in specific geographic areas when required by climatic conditions
- Must have pen/pencil pocket flap or must remove pens/pencils before flight



- Aviation approved system
- Modular, scalable to climate
- Moisture wicking, antimicrobial fibers
- Fleeces, undergarments, and outer-garments
- Issued to aviators in specific (cold weather) areas

Over Water



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Microclimate Cooling System





- Reduces heat stress to crewmembers
- Increases mission endurance by 350% (from 1.6 hours to 5.7 hours)
- Vest and cooling unit that pumps chilled water through small tubes
- Has a quick disconnect, allowing safe, quick egress



- ACTION: Identify miscellaneous unsafe apparel
- CONDITION: Given a list
- STANDARD: Correctly match apparel that is unsafe in the aviation environment with the threat that it creates





- Rings can cause severe injuries
- Metal badges can cause electrical burns or create Foreign Object Damage (FOD) hazard
- Metal badges must be removed prior to entry onto the flight line, or when working in or around aircraft
- Shoulder Sleeve insignia will be removed by all aircrew members prior to entry onto the flight line, or working in or around aircraft

Partial Degloving



Complete Degloving





- What are some the safety features provided by army aircraft?
 - Structural shell, crashworthy seats, and personnel restraint system
- At what temperature should flight gloves be washed?
 - ▶ Temperature at 120 degrees or less
- Select apparel that is unsafe to wear
 - Metal pin-on insignia, badges, rings



- Aircraft protective devices
- Characteristic and wear of flight clothing
- Maintenance procedure of flight clothing
- Air Warrior system
- Miscellaneous unsafe apparel